

QUICK LINKS

AHG FAMILY



Scan this QR code to access AHGfamily.org. You will create an account and/or log in and use the website to pay National Fees for all girls registering and at least one parent. AHGfamily is also where you find the troop calendar, submit service hours, and more!

AHG TROOP 0800



Here's a link to our local AHG Troop 0800 website! Visit the website to learn more about AHG, our policies, parent volunteer information, and other important info.

BAND APP



Band is our main method of parent communication and sharing pictures. Check Band weekly for announcements regarding the troop, including whether your child is scheduled to participate in the flag ceremony, field trip information, party information, and more!

AHG STORE



The AHG Store is where you will order your AHG uniforms and handbook. Each girl will need a Class A uniform (our Troop Number for patches is 0800) and a Class B uniform for her level. Certain adult volunteers will also need to purchase an official AHG shirt.

UNIFORM GUIDE



Not sure what pieces to purchase for the official AHG Uniform? Follow this link to learn all things uniform-related, including footwear, pants/skirt required colors, what is Class A and Class B, and even where to place badges and patches!

AHG OATH
I promise to
LOVE
GOD,
CHERISH
MY FAMILY,
HONOR
MY COUNTRY,
SERVE
IN MY COMMUNITY.



AHG CREED

As an American Heritage Girl
I promise to be:

Compassionate

Helpful

Honest

Loyal

Perserverant

Pure

Resourceful

Respectful

Responsible

Reverent



2026-2027 Troop NC 0800 Board:

Troop Coordinator: Zaira Russell
Troop Vice Coordinator: Natalie Kalashnik
Troop Vice Coordinator: Leslie Wilson
Troop Shepherd: Erin McFaddin
Troop Treasurer: Elissa Morganti
Troop Assistant Treasurer: Mary Squadriglia



AMERICAN
HERITAGE GIRLS®

FAITH | SERVICE | FUN

TROOP NC 0800 RESOURCE FLYER

What is AHG?

American Heritage Girls is a Christ centered character and leadership development program for **girls 5 to 18 years of age**. AHG is dedicated to the mission of **building women of integrity through service to God, family, community, and country**. Our troop meets weekly on **Thursdays from 6:45pm-8:15pm** at Christ Covenant Church in Matthews. For more information about AHG, visit **americanheritagegirls.org**



What are the Program Levels?

Each AHG Program Level is specifically created with the physical, mental, social, spiritual, and emotional needs of girls 5 to 18 years old* (*by September 30).



PATHFINDERS

Ages 5 - 6

Pathfinder girls can foster their natural curiosity and creativity while learning what it means to be an American Heritage Girl.



TENDERHEARTS

Ages 6 - 9

As Tenderhearts, young girls learn to boldly explore the world around them through our exciting Christian youth program.

EXPLORERS

Ages 9 - 12

Ready to take on more responsibility, Explorers are eager to grow in all areas of their AHG experience.



PIONEERS

Ages 12 - 14

Pioneers are given the opportunity to find out who they truly are in Christ while gaining new leadership and life skills.



PATRIOTS

Ages 14 - 18

Patriots develop deep spiritual maturity and practice their faith through servant leadership in an environment rich with friendship.

HOW MUCH DOES AHG COST?

AHG program fees can be broken down into several categories:

- ★ **NATIONAL DUES:** The first fee you'll need to pay is the AHG National Annual Membership Registration fee per person, which is **\$43 per girl and/or Adult member for the year**. These dues go directly to the national office and are separate from local dues. Payment for the National fee is available on AHGfamily.org. Again, that is **\$43 per girl and \$43 for each Volunteering Adult**.
- ★ **LOCAL DUES** for our troop are **\$150 per girl for the year** (discounts available if registering 3+ girls from one family). Local dues are only charged for girl members, not adults. **The first payment of \$75 per girl is due at the first meeting**. If you need financial assistance or a payment plan, email TroopNC0800@protonmail.com.
- ★ **FUNDRAISER:** Girls have an opportunity to participate in a troop-organized fundraiser during the year. **If they choose to participate in the fundraiser, they can raise funds to equal a total profit of \$75 in order to satisfy the remainder of their local dues**. In other words, if they are selling a fundraiser item for "X" amount, a certain percentage of what they sell goes towards the remainder of their \$75 local due fees.
- ★ **FUNDRAISER BUYOUT:** Girls who do not wish to participate in the annual fundraiser can opt for the Fundraiser Buyout and **pay their remaining \$75 local dues on or before November 1st**.
- ★ **UNIFORM, HANDBOOK, AND MISC. PURCHASES:** The back of this flyer has a QR code that takes you to all the information regarding the official AHG Uniforms. Girls will need their official Class A uniform, Class B uniform, and handbook for each level. Visit the AHG store (QR code on the back) to view uniform costs. **Note that weekly adult volunteers will also need an adult uniforms**. Additionally, girls will need specific skirt/pant colors for each program level, as well as closed-toe shoes. You'll also be responsible to pay for any at-home badges you choose to complete. Additional fees would apply to any camping trips, high adventure days, or other miscellaneous activities.

READY TO LEARN MORE? START HERE:

1. AHG IS PARENT-LED!

- We require **at least one adult* from every family to serve in a volunteer position or a committee** within the troop. A variety of in-person and at-home positions are available. Don't let this hold you back! We have many options with a variety of time-level commitments. Keep in mind that the troop is run by parents, grandparents, and other amazing adults - we could **not** have a troop without **YOUR** involvement! That's why we require an adult from each family to volunteer before your child can even sign up. Prayerfully consider YOUR commitment level this year! To sign up for a position or to learn more, email: TroopNC0800@protonmail.com.
- **Please note: all adult volunteers must pass a background check, complete a child safety training (KEYS), and be approved by the AHG Troop Charter representative as well as pay the National Dues of \$43 per year.*
- Additionally, **parental responsibilities include** working at home with your AHG girls to complete badge or patch work when necessary (as outlined in their handbook), encouraging them to memorize the Bible verses, ensuring they are compliant with the uniform guidelines each week, attending Parent Meetings to learn how to get the most out of the AHG program, participating in fundraisers, and keeping updated on troop communication! **YOU** play a vital role in your child's participation!

2. BECOME A MEMBER!

Once you sign up for a volunteer position, we will invite you to become members in American Heritage Girls, Troop 0800! You will receive an email that includes a link to sign up for an AHG Account through **AHGFAMILY.ORG**. The AHG Family website will be one of your main resources to access the troop calendar, download and print forms, and much more. You'll need to set up an account and complete the online registration process through AHG Family. This is where you'll also pay the National Dues.

3. FILL OUT THE PAPERWORK!

It seems overwhelming, but each form and document serves an important purpose in creating a safe environment for your girl(s) to thrive! Here's a quick list of the forms and documents you'll need to make sure you've completed in order to become AHG Members, after you've joined AHG Family:

- | | |
|---|---|
| ★ Health and Safety form for each girl member and each adult member | ★ Medication Administration form |
| ★ Troop 0800 Registration Document for each girl (Google Form; helps us with allergies and other information) | ★ Troop Meeting Permission |
| ★ NC0800 Welcome & Policy Guide | ★ Parent Policy Agreement |
| | ★ Optional: Swim test form (signed by certified life guard or swim coach) and High Adventure form (signed by a physician) |

4. PARENT MEETINGS AND JOINING AWARD!

The **AHG Joining Award** is a girl's first step on her journey as an American Heritage Girl and is outlined on the front pages of the Girl Handbook. (Pathfinders can complete this award before being promoted to the Tenderheart Program Level.) Earning this award helps girls learn the basics of AHG's history, traditions, and customs. This award will allow a girl to earn other AHG Awards, participate in a flag ceremony, and say the AHG Oath and Creed with her Troop. **Parent Meetings** will take place several times a year during the regularly scheduled Troop Meetings. Please make an effort to attend each meeting, as vital information will be shared and opportunities will be given for your questions to be answered! Parents who volunteer on Thursday evenings and cannot attend the meetings will be given other opportunities to receive the information shared.

5. BADGES!

Girls can acquire life skills through many aspects of the AHG Program, especially badgework. Badgework covers six Frontiers: Heritage, Family Living, Arts, Outdoor Skills, Personal Well-Being, and Science & Technology. AHG Badges are age-appropriate and multi-level, allowing girls of all ages to work together at an appropriate pace. As a troop, girls have an opportunity to earn 3 badges per year. Girls can also earn additional badges by completing requirements at home and reporting their badge work to their level leaders. Parents are responsible to pay only for any badges completed at home (around \$3.50 per badge). Girls can also earn service stars for completing a certain number of service hours. Parents can enter those service hours using their AHG Family account.



AMERICAN
HERITAGE GIRLS®
FAITH | SERVICE | FUN